

Dear Parent/Guardian,

Next week your child will begin a health unit on the topic of family life education. Our Family Life education unit is based on the philosophy that parents are the primary sex educators of their children. We see the role of the schools as supporting and supplementing the parents' role by encouraging students to discuss what they have learned in class with parents at home.

To reinforce this message, we are offering parents a way to become more involved in their child's family life class. Included will be a packet of information which has been designed for the child and parents to discuss together in the home setting. This information addresses the topics covered in family life class and gives parents the opportunity to reinforce family moral, religious, and ethical beliefs about these issues of human sexuality.

In the next few weeks, the following topics will be presented:

1. Introduction to family life education. This lesson will establish ground rules for class discussion and review/introduce vocabulary terms.
2. Human reproductive system
3. Physical changes that take place during puberty
4. Menstruation
5. Personal hygiene during puberty
6. HIV/AIDS

Sincerely,

Grade 4 Teachers